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“TheraPrep” Appointment Preparation Tool Sample Provider Report

Patient Generated Report for: Brent R Coyle, MD (provider)

This is a report generated by Mr. **Joe Smith** (DOB - **02/21/1960**) on **April 10, 2010 9:47 pm EST**, using the "TheraPrep" Appointment Preparation tools created by Brent R. Coyle, MD. If you should have questions about this document, **Joe Smith** has requested that **Jane Smith be contacted by phone at 8888888888**, (and if not available a message may be left) and may be contacted by email at **JaneSmith.com**. If there are uncompleted responses in this report, it is because that question was optional and Mr. **Smith** has chosen not to answer the question(s). To avoid unnecessary complexity to the writing, patient responses are generally **bolded** instead of delineated by quotation marks. (This information has NOT been reviewed or modified by any professional.)

Mr. **Smith** completed this assessment with the help of **Jane** (wife).

Appointment Information

Mr. **Smith** has an appointment scheduled with you on **03/20/2012** at **04:00 PM**.

Joe Smith is a **50** year old **Married, Mulado, Male**. At his appointment, he is most interested in discussing:

1. **how to relax more**
2. **best ideas to reduce stress**
3. **how to prioritize my family and work life**

The reason for his appointment is: **Followup on smoking cessation**

When he updated this information, he reported his active medical problems to be: **hypertension and hyperlipidemia**

He described his present health as: **good**

Health Promotion Behaviors

His BMI is **27.1**. He sees his weight being **About Right**, his appetite being **About Right** and his nutrition being **Good**.
On 2010-03-19 13:07:04, he reported exercising using **Cross-Trainer** for **5x per week** and has **Minimal** concern about it.

Sleep

He is getting about **8** hrs of sleep which he considers **About Right**.

Pain

He has no complaints of pain.

Medications

Current Medications

Name	Dose	Reason	Date Started	Usage	Side Effect
"Desyrel"/Trazodone 50mg	One at night	Help me sleep	01/20/1999	< Prescribed	
"Effexor XR"/Venlafaxine 150mg	one each day	Raised my mood	01/20/1999	As Prescribe	

Previous Medications

Name	Dose	Reason	Date Started	Usage	DateStopped	StoppingReason
"Paxil"/Paroxetine 20mg	one each day	Raised my mood	02/21/1950		01/30/1960	Couldn't afford

Addictions overall noted to be:

Nicotine

On 2010-03-19 13:07:43 , he reported an addiction to **Cigarettes**, with usage as **Minimal**, and with **Low** concern about it. He reported last using **yesterday**, with comments as: **Only when I'm under stress**.

Alcohol

On 2010-03-19 13:08:24 , he reported an addiction to **beer**, with usage as **Minimal**, and with **Low** concern about it. He reported last using **Yesterday**, with comments as: .

Other

He has not reported any other addictions.

Acuity (Fundamental Safety Issues):

Acuity tracking consists of 0-10 level ratings of: Psychological Pain, Stress, Anxiety, Hopelessness, Self-Hate, Perceived Personal Danger, Frequency of Suicidal thoughts, Perceived risk for Suicide, Frequency of Homicidal thoughts and Perceived risk for Homicide. The Anxiety subscale is the sum of the Stress and Anxiety scores and the total score is the sum of all scores.

Date	Psychological Pain	Stress	Anxiety	Hopelessness	Self Hate	Danger	How Often SI	Risk SI	How Often HI	Risk HI	Total Anxiety	Total Tracking Form
2010-04-10 21:43:53	2	3	3	1	0	0	0	0	1	1	6	11
2010-04-10 21:22:08	2	3	3	1	0	0	0	0	0	0	6	9
2010-03-20 12:07:40	2	2	2	2	2	2	2	2	2	2	4	20
2010-03-20 09:15:30	5	5	5	5	5	5	5	0	5	0	10	40
2010-03-20 08:58:27	5	5	5	5	5	5	5	0	5	0	10	40
2010-03-20 00:09:44	3	3	3	3	3	3	3	0	3	0	6	24
2010-03-20 00:07:02	3	3	3	3	3	3	3	0	3	0	6	24
2010-03-19 13:26:55	3	3	3	3	3	3	2	0	3	0	6	23

Therapy Progress Feedback

Overall, Mr. **Smith** feels his therapy is going **Well**. On a scale of 0-10, he rates his trust in you at a **3**, he believes your level of hope for his change/improvement is a **3**. He sees your level of caring as a **9** and the helpfulness of the therapy to be a **7**. He perceives his own level of honesty, openness and effort as a **10**.

Last session, he felt that **Strategies for interacting with difficult customers** was particularly helpful, but that **When you fell asleep in session** was least helpful and reports that **More emphasis on cognitive behavioral strategies** would significantly improve his treatment.

He reported his greatest strength(s) being: **Perseverance**. He reported his greatest fear being: **Fear of intimacy** and any important spiritual factors as: **I'd like to learn how to meditate**

Positive media influences have included **I just found MyTherapySession.com and it is so helpful!**, and **Did you know there are websites that tell you how to harm yourself?** was listed as negative.

Goals

Current Goals

Goal	Date Started	Priority	Category	Comments
Stop Smoking	03/20/2010	1	Treat	

Previous Goals

Goal	Date Stopped	Priority	Category	Comments
Get elected president of the US		1	Treat	

Collateral Information

He was agreeable to have **Jane (wife)** provide additional perspective and the collateral source reports that **He spends way too much time working.**

Followup Appointment

Mr. **Smith's** followup appointment is, of course, determined by you on the basis of medical necessity, but he has made following request: **4/25/2012** at **09:00 AM**

SUMMARY

Last minute changes in medical status can occur, most of the information is probably accurate. We encourage you to confirm only what you feel is necessary and use the extra time to more fully counsel and advise the patient on their specific concerns. (Again, this is a report generated by Mr. **Joe Smith** on April 10, 2010 9:47 pm . If you should have questions about this document, **Joe Smith** has requested that **Jane Smith be contacted by phone at 8888888888** , (and if not available a message may be left) and may be contacted by email at **JaneSmith.com**. Additionally he has listed his emergency point of contact as **Jane Smith (wife)** at **888-888-0000**.)

If this type of information has been useful to you, please visit us at <http://www.mytherapysession.com> for more information about this tool and others that might be used routinely using attached email reminders, kiosks or mobile devices in your waiting room, or call us at 888-868-3191.