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“PsychPrep” Appointment Preparation Tool Sample Provider Report

Patient Generated Report for: Brent R Coyle, MD (provider)

This is a report generated by Mr. Joe Smith (DOB - 02/21/1960) on April 10, 2010 9:59 pm EST, using the "PsychPrep" Appointment Preparation tools created by Brent R. Coyle, MD. If you should have questions about this document, Joe Smith has requested that Jane Smith be contacted by phone at 8888888888, (and if not available a message may be left) and may be contacted by email at JaneSmith.com. If there are uncompleted responses in this report, it is because that question was optional and Mr. Smith has chosen not to answer the question(s). To avoid unnecessary complexity to the writing, patient responses are generally **bolded** instead of delineated by quotation marks. (This information has NOT been reviewed or modified by any professional.)

Mr. Smith completed this assessment with the help of Jane (wife).

Appointment Information

Mr. Smith has an appointment scheduled with you on 03/20/2012 at 04:00 PM.

Joe Smith is a 50 year old Married, Mulado, Male. At his appointment, he is most interested in discussing:

1. **how to relax more**
2. **best ideas to reduce stress**
3. **how to prioritize my family and work life**

The reason for his appointment is: **Followup on smoking cessation**

When he updated this information, he reported his active medical problems to be: **hypertension and hyperlipidemia**

He described his present health as: **good**

Vital Signs

(If/As recorded by patient)

Blood Pressure - **140/95**

Heart Rate -

Temperature -

Respiratory Rate -

Patient's level of concern about their vital signs - **Moderate**

Health Promotion Behaviors

His BMI is **27.1**. He sees his weight being **About Right**, his appetite being **About Right** and his nutrition being **Good**.

On 2010-03-19 13:07:04, he reported exercising using **Cross-Trainer** for **5x per week** and has **Minimal** concern about it.

Sleep

He is getting about **8** hrs of sleep which he considers **About Right**.

Pain

He has no complaints of pain.

Medications

Current Medications

Name	Dose	Reason	Date Started	Usage	Side Effect
"Desyrel"/Trazodone 50mg	One at night	Help me sleep	01/20/1999	< Prescribed	
"Effexor XR"/Venlafaxine 150mg	one each day	Raised my mood	01/20/1999	As Prescribe	

Previous Medications

Name	Dose	Reason	Date Started	Usage	DateStopped	StoppingReason
"Paxil"/Paroxetine 20mg	one each day	Raised my mood	02/21/1950		01/30/1960	Couldn't afford

Addictions overall noted to be:

Nicotine

On 2010-03-19 13:07:43 , he reported an addiction to **Cigarettes**, with usage as **Minimal**, and with **Low** concern about it. He reported last using **yesterday**, with comments as: **Only when I'm under stress.**

Alcohol

On 2010-03-19 13:08:24 , he reported an addiction to **beer**, with usage as **Minimal**, and with **Low** concern about it. He reported last using **Yesterday**, with comments as: .

Other

He has not reported any other addictions.

Allergies

Name	Reaction	Comments
Penicillin	Anaphylactic shock	

REVIEW OF SYSTEMS

Eye Problems: He did report a problem and described it as: **occasional eyestrain**

Ear and Nose Problems: He did not report any problem.

Mouth and Throat Problems: He did not report any problem.

Heart or Circulation Problems: He did not report any problem.

Lung or Breathing Problems: He did report a problem and described it as: **smoker's cough**

Stomach or Bowel Problems: He did not report any problem.

Urination Problems: He did not report any problem.

Sexual Function Problems: He did not report any problem.

Muscle Problems: He did not report any problem.

Skin Problems: He did not report any problem.

Breast or Genital Problems: He did not report any problem.

Headache or Dizziness Problems: He did not report any problem.

Weakness Problems: He did not report any problem.

Other Neurological Problems: He did not report any problem.

Temperature Intolerance Problems: He did not report any problem.

Blood or Lymphatic System Problems: He did not report any problem.

Blood Sugar Problems: He did not report any problem.

Acuity (Fundamental Safety Issues):

Acuity tracking consists of 0-10 level ratings of: Psychological Pain, Stress, Anxiety, Hopelessness, Self-Hate, Perceived Personal Danger, Frequency of Suicidal thoughts, Perceived risk for Suicide, Frequency of Homicidal thoughts and Perceived risk for Homicide. The Anxiety subscale is the sum of the Stress and Anxiety scores and the total score is the sum of all scores.

Date	Psychological Pain	Stress	Anxiety	Hopelessness	Self Hate	Danger	How Often SI	Risk SI	How Often HI	Risk HI	Total Anxiety	Total Tracking Form
2010-04-10 21:52:04	2	2	2	1	0	0	0	0	1	0	4	8
2010-04-10 21:43:53	2	3	3	1	0	0	0	0	1	1	6	11
2010-04-10 21:22:08	2	3	3	1	0	0	0	0	0	0	6	9
2010-03-20 12:07:40	2	2	2	2	2	2	2	2	2	2	4	20
2010-03-20 09:15:30	5	5	5	5	5	5	5	0	5	0	10	40
2010-03-20 08:58:27	5	5	5	5	5	5	5	0	5	0	10	40
2010-03-20 00:09:44	3	3	3	3	3	3	3	0	3	0	6	24
2010-03-20 00:07:02	3	3	3	3	3	3	3	0	3	0	6	24
2010-03-19 13:26:55	3	3	3	3	3	3	2	0	3	0	6	23

Psychiatry Progress Feedback

Overall, Mr. **Smith** feels his psychiatric treatment is going **good**. On a scale of 0-10, he rates his trust in you at a **7**, he believes your level of hope for his change/improvement is a **8**. He sees your level of caring as a **9** and the helpfulness of the therapy to be a **8**. He perceives his own level of honesty, openness and effort as a **9**.

Last session, he felt that **when you fell asleep last session** was particularly helpful, but that **watching the MyTherapySession videos!** was least helpful and reports that **more emphasis on cognitive behavioral strategies** would significantly improve his treatment.

He reported his greatest strength(s) being: **perseverance**. He reported his greatest fear being: **intimacy** and any important spiritual factors as: **learning to meditate**
Positive media influences have included **finding out about the MyTherapySession.com website!**, and **sites that show you how to hurt yourself** was listed as negative.

Goals

Current Goals

Goal	Date Started	Priority	Comments
Stop Smoking	03/20/2010	1	

Previous Goals

Goal	Date Stopped/Completed	Priority	Comments
Get elected president of the US		1	

Collateral Information

He was agreeable to have **Jane (wife)** provide additional perspective and the collateral source reports that **He spends way too much time working**.

Followup Appointment

Mr. **Smith's** followup appointment is, of course, determined by you on the basis of medical necessity, but he has made following request:**4/25/2012 at 10:00 AM**

SUMMARY

Last minute changes in medical status can occur, most of the information is probably accurate. We encourage you to confirm only what you feel is necessary and use the extra time to more fully counsel and advise the patient on their specific concerns. (Again, this is a report generated by Mr. **Joe Smith** on April 10, 2010 9:59 pm . If you should have questions about this document, **Joe Smith** has requested that **Jane Smith be contacted by phone at 8888888888 , (and if not available a message may be left) and may be contacted by email at JaneSmith.com**. Additionally he has listed his emergency point of contact as **Jane Smith (wife) at 888-888-0000.**)

If this type of information has been useful to you, please visit us at <http://www.mytherapysession.com> for more information about this tool and others that might be used routinely using attached email reminders, kiosks or mobile devices in your waiting room, or call us at 888-868-3191.