

## Universal Spiritual Truths for Living

1. All humans are created equal, let us unite and learn from each other rather than divide.
2. Let us treat others as we wish to be treated.
3. Let us all worship and serve our own God, as we understand that God to be, respect each other's beliefs and honor each other's Holy days. Love your God with all your soul, with all your heart and with your entire mind.
4. Think about good and God-like things, such as what is true, noble, just, pure, pleasing to God, admirable, excellent or praiseworthy.
5. Let us accept our feelings as sent from God to be used for greater understanding of our Creator and ourselves.
6. Let us let go of past wrongs through confession and commitment to personal change (and trust that God and others will help us).
7. Ultimately, what we say and do reflects our understanding of God. Let us be careful to convey to others the message God wants us to convey.
8. If we truly seek God's presence in our lives and seek to be changed, we will have love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.
9. Let us grow in our spiritual walk through frequent prayer and meditation.
10. Let us speak and live truthfulness.
11. Our spouses, children, parents, families and friends are precious and given by God. Let us do all we can to keep those relationships strong and loving.
12. As far as possible, let us get along with all people. Let us encourage each other and help the weak.
13. Let us consider all life, knowledge and any other thing, which brings us closer to our God, as precious.
14. Let us take care of our world.
15. Let us care for our physical bodies and practice sexual purity.
16. Let us live with humility, satisfaction, repentance, forgiveness and thankfulness.
17. Let us practice personal financial responsibility, stewardship and self-sufficiency.
18. Let us cherish the preciousness of our careers.
19. Let us take joy in other's blessings.
20. Let us give generously of what we have been given.
21. A dark and evil force probably exists in our world; take care not to follow it.

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\*These universal principles are written from a predominantly Christian perspective but deemed to be reflective of the major tenets of all major world religions by members of those religions. Other forms, written from other perspectives, would be welcome and highly beneficial.