

Mentor/Partnership Agreement

Responsibilities I have as your Mentor/“Helping Partner”:

1. To carefully and sensitively negotiate when I can and can't be available to help you.
2. To respect you at all times.
3. To treat you, as I would expect to be treated myself.
4. To respect that you might see yourself in a “subordinate” or “lesser” role and that it would be wrong to exploit that in any way.
5. I promise in particular not to take advantage of you in any sexual, financial, spiritual or any other area of sensitivity or vulnerability.
6. I promise to keep what is said between us strictly confidential unless we negotiate specific people I can discuss things with. Specifically, I agree to not even discuss what is said with my spouse or significant other unless you give me specific (and hopefully written) authorization to do so.
7. I promise to take care of myself to the best of my abilities so that I might be able to help you the best and specifically that it would be desirable for me to be under the care of a therapist or provider myself. (If this is the case, that person should be included as a part of the written understanding of whom I might talk to about what you have said in our time together.)
8. I promise to make this a safe experience for you.
9. Although my personal experience may shed insight and may be helpful, I promise not to overly burden you with my problems as we work together.
10. I promise to respect the breaks that are present in the psychoeducational presentations and do my best to facilitate discussion about the points presented.
11. I promise to make this helping relationship a non-sexual one.
12. I realize that I have the code of ethics for numerous professional organizations at my disposal if I wish to review them.
13. If I feel like this is getting beyond my abilities and I feel like I must stop our work together that I will notify you well in advance of that need and try to help you find someone else to work with.
14. I understand we need to carefully sort out who will be paying for the costs of this treatment.

Responsibilities I have in my role as the “recipient” of this relationship:

1. To carefully and sensitively negotiate how much time and energy I have to commit to this.
2. To respect you at all times.
3. To treat you, as I would expect to be treated myself.
4. To communicate any sense that I am being exploited and try to work things out and/or communicate that I need to terminate this partnership if things can not be worked out.
5. I promise to keep what is said between us strictly confidential unless we negotiate specific people I can discuss things with. Specifically, I agree to not even discuss what is said with my spouse or significant other unless you give me specific (and hopefully written) authorization to do so.
6. I promise to take care of myself to the best of my abilities so that I might be able to benefit from this experience the most.
7. I promise to be safe and to choose life and health no matter how difficult things might get.
8. I promise to be as honest and open about my problems as possible.
9. I promise to respect the breaks that are present in the psychoeducational presentations and do my best to take part in a discussion about the points presented.
10. I promise to make this helping relationship a non-sexual one.
11. If I feel like this is getting beyond my abilities and I feel like I must stop our work together that I will notify you in the process as far in advance as possible.
12. I understand we need to carefully sort out who will be paying for the costs of this treatment.

People I agree for you to speak to about what we say:

“Mentor’s” portion to pay _____%

“Recipient’s” portion to pay _____%

Signed:

Date:

Signed:

Date: